

Mission

The Center for Loss and Bereavement is a non-profit resource of specialized knowledge and professional support that provides meaningful connection and restorative guidance for those impacted by grief.

Guiding Principles of our Mission

- Grief is a **natural**, whole mind and body response to a loss.
- Regardless of age, ability, or circumstance in life, people are **universally confronted** with matters of death and dying.
- Grief can be isolating and **challenging to endure** even under the best of conditions.
- Distressing aspects of grief can be countered by gains in **insight** and **knowledge**, in addition to **connection** through peer support.
- Availability of quality, supportive resources provides **hope** and potential for all to **heal** through meaningful **growth**.



The Center *for* Loss and Bereavement



Location

The Center for Loss and Bereavement's services are primarily offered on-site at our facility in Skippack. We also bring professional education and support off-site in collaborative efforts with businesses, organizations, and schools in need.



The Center *for* Loss and Bereavement

3847 Skippack Pike
PO Box 1299
Skippack, PA 19474
610-222-4110

www.bereavementcenter.org



“ What is it we can *learn* through this journey of grief?

Like the chambers of a shell we *move*, into different places and spaces...

Searching for answers, looking for *strength*, to live in the unknown, seeking *hope* as we reach for *peace*. ”

OUR VISION
IS FOR ALL
FACING LOSS TO
find solace
AND RENEWED
strength
WHILE INVESTING
IN LIFE.

Services

- **Specialized grief counseling** for individuals, couples, and families encountering death, chronic illness/disability or end-of-life issues, serving all ages and populations
 - Experienced professional counselors tailor confidential, individualized care to the unique needs and circumstances of each person
 - Standard 50-minute sessions are offered weekdays and evenings
- **Peer group support** through programs offering connection for grieving children, teens, and adults
 - Specialized Loss-Specific Adult Groups
 - Nello's Corner family bereavement program
 - Camp Millie 4-day children's summer camp
 - Interactive workshops, expanding tools for resilience through expressive arts and mind-body wellness
- **Trainings and partnerships** with other local resources, increasing grief awareness and competence within the professional community
- **Customized consultations** addressing systemic impacts of loss that present in schools, organizations, and businesses

Please reach out to us to schedule a visit
or to learn more about how we can help:

610-222-4110

www.bereavementcenter.org

Impact

As a **non-profit** organization, we rely on the support of many in providing trusted, quality services to those in need. Please consider making a contribution to further our impact through the following:

- Online and Direct Mail Donations
- Corporate Giving and Matching Funds
- Annual Campaigns and Fundraising Events
- Special Sponsorships and Gifts in Kind
- Shopping through our website's Amazon link
- Planned Giving, IRA, and Legacy Gifts

Your tax-deductible gifts may be made in honor or memory of a loved one.

Our mission is also impacted by the meaningful commitment of **volunteers** in our children's bereavement group programming, our Board leadership, and in other organizational support roles. With the combined **generosity** of those who give of their time, talent, resources, and funding, our reach is extended and our work is inspired. Please contact us to see how *you can help*.

GRIEF CAN BE ISOLATING AND
CHALLENGING TO ENDURE EVEN
UNDER THE BEST OF CONDITIONS.

We can help.





CHILDREN'S PROGRAMS AT THE CENTER FOR LOSS AND BEREAVEMENT

www.bereavementcenter.org

Nello's Corner

Nello's Corner is a unique, high quality school-year program offering grief support to children and their families who have experienced the death of an immediate family member. Children, ages 4 to 18, meet together twice a month in age-specific groups, sharing activities, discussion or simply enjoying the company of other children whose lives have been impacted by a death. At the same time, parents or guardians are encouraged to meet with one another in a supportive group environment to gain insight on how to help their children deal with grief.

Camp Millie

Camp Millie is a summer bereavement program for children and young teens who have experienced the death of a significant person. This experience is fun-filled and fast-paced, combining supportive grief activities with typical day-camp offerings. Held locally offsite, Camp is offered during the last week of June, Monday - Thursday, 9:00 a.m. to 2:00 p.m. Campers are assigned adult Buddies who provide special support throughout the week, helping campers feel connected and safe. Both programs are directed by experienced professionals and supported by trained volunteers. Interested families are invited to contact the Center or visit our website for additional information regarding screening and registration.

**Please contact our Program Director:
610-222-4115**



ADULT AND FAMILY SERVICES AT THE CENTER FOR LOSS AND BEREAVEMENT

www.bereavementcenter.org

PROFESSIONAL COUNSELING

Counseling is available at the Center for individuals, couples and families facing the impact of death/dying, illness or disability losses in their lives. Counselors are masters-level, licensed (or license-eligible) and specialize in Thanatology - the study of death, dying, and bereavement.

Our counselors work with adults, children and adolescents, approaching each individual or family with respect to the unique aspects of loss and grief in their lives. Sessions are strictly confidential and the pace of the therapeutic process is driven by clients' personal grief needs over time.

Our standard sessions are 50-minutes in length and scheduled during weekdays/evenings. The Center offers reasonable rates and is affordable for those with financial hardship as well. Fees are paid directly to the Center by clients, with insurance-ready statements available for those submitting independently for reimbursement.

Please contact our Clinical Director: 610-222-4110

SPECIALIZED ADULT SUPPORT GROUPS

The Center offers specialized, loss-specific adult support groups on an as-needed basis throughout the year. Groups offer a source of hope and connection for many coping with the isolation and pain of grief, with an appreciation for both the universality of loss and uniqueness of each individual's grief journey.

The Center's groups are run by professional staff trained in group facilitation and typically run for 6-weeks or are on a monthly schedule, based on the type of loss. Registration is required and fees are paid in advance. Our most frequently run groups include, but are not limited to: Loss of Spouse/ Partner, Loss Due to Suicide, Loss of Older Child and Adult Loss of Parent. We also run a peer group for Young Adult Grief Support (YAGS) as a bi-weekly extension of our donation-based **Nello's Corner** program.

Please contact our Program Director: 610-222-4115