



Who We Are

Central Behavioral Health is a non-profit community behavioral health center in Montgomery County, PA. We provide programs that cover a full spectrum of behavioral health services for children, adolescents, adults, and seniors. Through compassionate and evidenced-based treatments we help individuals and families work through life transitions, crises, behavioral health issues, and co-occurring symptoms associated with mental health disorders. Most of all, we can help you regain hope and feel the empowerment that you need to move forward on your road to recovery.

Get In Touch

Abington Location

2500 Maryland Road
Dixon Building, Suite 130
Willow Grove, PA 19090
Phone: (267) 818-2220

Norristown Locations

New Clients:

1201 DeKalb Street
Norristown, PA 19401
Phone: (610) 279-9270

All Other Inquiries:

1100 Powell Street
Norristown, PA 19401
Phone: (610) 277-4600

Connect with us on social media!



**Your Journey
Starts Here**





IN OFFICE PROGRAMS

Intensive Outpatient Program

Central's IOP is a group therapy program tailored to empower adults with both behavioral health issues and substance use/abuse history to support their own recovery, cope more effectively, prevent relapse, and strengthen social relationships.

OASIS

OASIS is a partial hospital program tailored to help seniors with behavioral health and co-occurring challenges live as independently as possible within the community. Our staff utilizes treatment approaches to reduce symptoms and behaviors that are troublesome and distressing for both the individual and the caregiver.

Outpatient Program

Central's Outpatient Program assist individuals who struggle with mental health and substance abuse issues by providing services that focus on stabilizing behaviors. Central's therapists use various evidence based treatment approaches including Cognitive Behavioral therapy, Motivational Interviewing and Dialectical Behavior Therapy.

check out

our website



Client Testimonial

COMMUNITY BASED PROGRAMS

Certified Peer Specialist

Central's CPS's support individuals on the path of recovery by providing assistance, resources, and relatable personal experiences. The CPSs can aid consumers in creating a goal oriented recovery plan, establishing a network of natural supports, and preparing their return to the workforce & maintain employment with the aid of Central's Career Center.

Clinical Wellness Recovery Team

Central's CWRT program focuses on the health and wellness goals of individuals who have both a serious mental illness and a chronic physical health issue. The team consists of a Registered Nurse and/or a Behavioral Health Therapist who work collaboratively with individuals to coordinate treatment.

Family Based Services

Central's FBS program provides treatment to both children and their families that increases the caregivers' effectiveness and stabilizes the children's emotional and behavioral health.

SAME DAY ACCESS

90%

of those calling for an intake assessment, receive one the very same day.

Intensive Behavioral Health Services

IBHS provides comprehensive treatment for children with emotional and behavioral needs and their families to become more functional in their natural settings and manage challenging behaviors more effectively.

Recovery Coaching/Case Management

Central's recovery coaches and case managers work collaboratively with individuals of all ages struggling with emotional, behavioral, medical, and/or substance abuse issues to work towards a higher level of independence. They provide emotional support and advocate for individuals and families to ensure that they have access to appropriate resources, receive proper treatment, build a strong community network, meet basic life needs, and reach desired life goals.

Transition to Independence Process

Central's TIP Program supports young adults (ages 16 - 26) with emotional and/or behavioral health needs navigate the road towards independence. TIP facilitators assist young people pursue their goals regarding educational opportunities, living situations, employment and their career, community life functioning, and personal effectiveness & wellbeing.

All our services are provided without regard to race, color, religious creed, ancestry, national origin, age, sexual, or affectional preference, disability.